

Peggy Hinders, LPC, NBCC

TESTIMONIALS



Finally, someone who understands what I have been going through. - Michelle

Peggy has a very thorough understanding of this hormonally complex time of life. She takes all the time necessary to help the client understand the options available and how these may benefit the client. She is easy to reach, responsive to questions or problems and very easy to talk to. - Gail

I was very happy with the individual counseling Peggy gave me about my hormone issues. It was wonderful to talk with someone so educated and willing to get me straightened out. She took a lot of time to discuss what road I should take, what would be beneficial to me and how I should approach my doctor about the issues I was having. There was some trial and error along the way, but now I feel great. Thanks again for your help and encouragement. - Cathy

I am so thankful to work with Peggy Hinders. Her knowledge and experience with bio-identical hormones have helped me to control and/or eliminate many of the effects I was experiencing. The individual attention, concern and follow-up she has shown to me has been most appreciated. I would highly recommend her services to any woman with hormone imbalances. - Sue

My ob-gyn never really told me how I would feel once my ovaries were removed. Bio-identical hormones gave me back my life. Peggy was the link, the key that got me to take bio-identical estrogen. She gave me the time my doctor didn't. She is worth her weight in gold! I trust her like my husband trusts his car mechanic. - Janet

What a resource and life saver. Peggy has been a Godsend for my general health and hormonal balance. - Gloria

After years of searching through all the confusing information concerning HRT (not to mention all the varied opinions of the doctors), it was a pleasant surprise to talk with Peggy Hinders, a professional counselor. It is very helpful to have someone who shares the same concerns about the use of synthetic drugs, understands the long list of symptoms, and is willing to consult with me to work towards achieving positive results. - Susan

Peggy answered all of my questions about BHRT. Without her advice I'm not sure where I would be hormonally. - Rayjean

BHRT is evolving today as a result of dedicated individuals who are thinking "outside the box". I have been blessed to have Peggy as my counselor while trying to communicate with my doctor. She provided me with an impressive list of reading materials and also presented an informative seminar on BHRT. She continues to help me evaluate my progress on a month to month basis and therefore acts as a liaison on my behalf, between my pharmacist and my physician. Peggy has taken a lot of the mystery out of BHRT for me and I feel her monthly intervention/counseling is a much needed component in helping me reach my goal of achieving hormonal balance. - Linda